



SOKOL Elite
Gymnastics presents

Sokol SUMMER DAY **CAMP!**



Sokol Elite Gymnastics has been providing premier gymnastics instruction for over fifty years. We provide exceptional gymnastics instruction for all abilities and ages. From beginner to advanced, our coaches strive to determine each athlete's level of ability and then provide each gymnast with individual challenges that allow them to achieve their own measure of success. Our Summer Camps are fun, challenging and enriching. Students will receive training on all OLYMPIC apparatus and events including trampoline.

MONDAY-FRIDAY

WEEK	Weeks Offered
1	June 6-10
2	June 20-24
3	July 11-15
4	July 25-29

AGES: 5 & UP

HOURS: 9:00 AM-2:00 PM
Ext. Hours Available (2:00-3:00 PM)

Please have your child wear comfortable workout clothes, hair pulled back, bring a sack lunch and plenty of water.

- *No refunds offered for missed days.
- *All Sign ups are through Docusign.
- *Email us at Office@SokolEliteGymnastics.com to reserve your spot our friendly!
- *A \$50 non-refundable deposit to hold your child's spot is due at time of sign up

SAMPLE DAILY SCHEDULE
9:00-9:15 Open Gym
9:15-10:15 Trampoline & Tumb. Clinic
10:15-10:30 Open Gym
10:30-11:30 Skill Games
11:30-12:00 Lunch (Child Brings)
12:00-1:30 Artistic Gymnastics Clinic
1:30-2:00 Sports Readiness (Conditioning & Flexibility)

SCHEDULE	RATE
One Full Week	\$250
Daily Rate	\$55
Ext. Hour 2:00-3:00/ Weekly	\$100

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